

Boosting performance in high-pressure environments

Experts in Psychological Health & Safety

It needs more than individual support, it needs a systemic approach

We understand the realities you face

- The tension caused by external and regulatory demands
- The pressures placed on senior leaders
- The downstream impact on middle management and frontline teams
- The importance of hiring well, through to offboarding effectively
- This systemic strain impacts performance, culture, and wellbeing

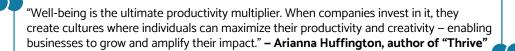
The ripple effects of systemic failure











SAFERTM

SAFER™ is a performance framework that boosts productivity and psychologically protects high-pressure teams

- Systemic addressing four foundation pillars:
- A Adaptability ensures you evolve
- **F** Flexibility lets you rethink
- Effective delivers outcomes, not just activity
- Resilience helps you recover

How SAFER™ works

A Systemic, Multi-Level Approach



Mitigating risks that impact performance, organizational culture and wellbeing

C-Level

- Gain real-time visibility into performance, risk, and compliance
- · Reduce attrition, protect reputation, and control cost per head
 - Implement a measurable, systemic model that supports sustainable delivery

Senior Leaders

- Gain clarity on workforce risk, wellbeing gaps, and ROI
- Access ready-to-deploy, localized support without HR burden
- Use data-backed outcomes to drive strategic decisions

Middle Managers

- · Builds leadership capacity to handle complexity and pressure
- Boosts confidence in communication and decision-making
- Shares the burden by offering systemic tools and support

Frontline

- · Easy-access support from people who understand your role
- Short, practical tools that help reduce overwhelm and sustain focus
- Empowers recovery and resilience without fear of judgment

What We Offer

Purpose built for you



Individual Interventions

- New hire and leaver sessions
- Stepped-care models with ongoing resilience assessment for employees at all levels
- Online self-service academy



Group Interventions

- New hire and rolespecific onboarding
- Emerging curriculum of clinically-backed activities with a holistic health lens
- Certified training programs for employees, leaders and Wellbeing Champions



Critical Incident Support

- Incident preparation & dry-run
- Containment, intensive resiliencebuilding and debriefing
- Triage assessment
- Trauma-informed helplines



Consultancy Services

- Wellbeing audits
- Psychosocial risk assessments
- Recruitment and role consultancy



Expert Advisory & Insights

- Qualitative & quantitative performance insights
- Portfolio-wide trend analysis and insights
- Partnered research projects



SAFER™ enables your teams to thrive and perform consistently at their best under intense pressure

Watch our 10 Global Themes Shaping
Trust & Safety in 2025 webinar



